



# 24 HOUR ONLINE PRAYER MEETING

Welcome to our Zoom-based 24-hour prayer meeting. This Zoom meeting will be open from 06:00 am on Tuesday, 13 February to 06:00 am on Wednesday, 14 February. The day is divided into one-hour slots, with 2 to 4 people praying in each hour. By the end of the prayer chain, we will have achieved 24 hours of continuous prayer. The purpose of this week is to grow in our practice of prayer, and spending an hour praying on Zoom will certainly be a stretching and growing experience.

## PRAYER GUIDE

### Why pray for 24-hours?

There are several reasons to include a 24-hour prayer chain in our week of prayer:

**1.** The scriptures speak about praying in the watches of the night.

*Lamentations 2:19a (NIV)*

*Arise, cry out in the night, as the watches of the night begin; pour out your heart like water in the presence of the Lord.*

**2.** It reminds us that we need God for every minute of our lives and that we can't do anything without God.

*John 15:5 (NIV)*

*I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.*

**3.** It has been the practice of the church in history, especially during powerful seasons of revival.

The Moravian Church started a round-the-clock "prayer watch" in 1727 that continued for over 100 years. By 1791, that small church community had sent 300 missionaries to the ends of the earth.

### What should we pray for?

The reasons for 24-hour prayer can serve as our inspiration for what to pray for during this time:

- Pray for a greater hunger in God's people to spend time with him.
- Pray for a dependence on God for everything we do - every minute of every day.
- Pray for revival where many people respond to the message of Jesus and many people are inspired to witness in their local neighbourhood and to the ends of the earth.

Whenever Christians gather to pray, we also have the opportunity to minister to one another - to carry each other's burdens in prayer.

*Galatians 6:2 (NIV)*

*Carry each other's burdens, and in this way you will fulfill the law of Christ.*

Take some time while you are together on Zoom to share your burdens with one another. Pray for any specific requests in the group and seek God for his power at work in every situation. If you find you still have some time left, consider praying through a scripture like Psalm 23 or Matthew 6:9-15.

### Closing

Sometimes, prayer flows easily, and time seems to disappear. Other times, it seems like prayer is hard work, and time seems to stand still. Whatever your experience of prayer in this hour, may God use this time for his glory. May you grow in the practice of prayer, and may you be encouraged as you pray together with other believers.

PRAYER WEEK

DAY 2